

COMMISSION ON PEACE OFFICER STANDARDS AND TRAINING

POST News

September 2020

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TRAINING

Vacant

Chief

Greg Bennallack

Academy Commander

Richard Moore

Training Specialist

Randy Misch

Training Specialist

Dean Paris

Training Specialist

Vacant

Admin

775-687-7678

See our website for more

Information: post.nv.gov

And Facebook at
[Facebook.com/NVPOST](https://www.facebook.com/NVPOST)

POST Commission Meeting

POST Commission held a Public Comment Hearing, Workshop and Regularly scheduled meeting August 13, 2020 at the Reno Police Department.

During the Public Comment Hearing, R112-19 and R025-20 received final adoption.

In the Workshop, it was decided to continue the rule making process to clarify NAC289.200 (4)(b) and when an officer must pass the physical fitness test for Reciprocity. Also addressed, NAC289.110 (1)(d) and the request for clarification of when a person has "...successfully completed the 12th grade or has been certified by an appropriate authority as having an equivalent education..." for meeting minimum standards in the context of home schooling programs.

In the regularly scheduled meeting, discussion was had regarding Compliance training and Covid-19 issues. It was determined that agencies still have 5 months remaining to finish compliance training and proficiency. Should an agency be unable to complete the training as a result of COVID 19, the commission could consider that once an officer is out of compliance. Staff recommended no changes to the annual requirements regarding COVID 19 issues.

The following Executive Certificates were approved:
Undersheriff Wayne Yarbrough, Washoe County Sheriff's Office
Deputy Chief Michael Denning, Henderson Police Department
Captain Jeffrey Coday, Las Vegas Metro Police Department
Captain Nicholas Farese, Las Vegas Metro Police Department
Captain Martin Mleczo, Jr., Department of Public Safety

Three former officers were revoked:

Rachel E. Sorkow pled guilty to Misconduct of a Public Officer, Category E Felony
Stephen M. Bryan pled no contest to Harassment, Misdemeanor
Raynaldo J. Ramos pled guilty to Attempted Performance of Act or Neglect of Duty in Willful or Wanton Disregard of Safety of Persons or Property Resulting in Death, Category D Felony/Gross Misdemeanor

It was also noted that one Commissioner has retired, Chief James Ketsaa from the Clark County School Police Department and one Commissioner, Chief Michele Freeman from the City of Las Vegas Department of Public Safety will be retiring in October.

SNALET/NALET Meetings

The **SNALET** and **NALET** meetings will be **CANCELLED** until further notice

Hand Held Radios

Nevada POST has (24) Motorola HT750 Hand held radios with lapel Mic's, (4) base charges and (24) single chargers that we would like to donate. If your agency is interested contact Dean Paris at dparis@post.state.nv.us or 775-687-3304 for more details.

Academy Instructors

Nevada POST is currently establishing a list of qualified/certified instructors who are interested in teaching at the Basic Academy. We are particularly interested in establishing a cadre of instructors in the following disciplines:

**ASP Baton
Taser**

**O.C.
E.V.O.C.**

**ALERRT/Active
Assailant**

**SFST
ARIDE**

If you are certified instructor in any of the above disciplines and interested in instructing for the POST Basic Academy, please contact Academy Commander Greg Bennallack at 775-687-3359 or email: gbennallack@post.state.nv.us

POST 2020 Professional Development Course Calendar

POST is offering the following courses in 2020:

Management Module 6: October 5th-9th, 2020

The tuition for these courses will be free. Check out our website for more info coming soon!

<http://post.nv.gov/>

These classes will be held using the current CDC pandemic recommendations

Agency Compliance

NAC 289.230 requires that all agencies ensure that each officer complies with all required training each calendar year. The agencies are required to report the compliance to POST by December 31 of the reporting year. Below is a list of agencies for reporting year 2019 who have not reported compliance to POST:

Carlin Police Department

Ely Shoshone Tribal PD

Laughlin Constables Office

All agencies listed above should immediately report their 2019 trainings to the POST standards division

Attn: Agency SPOC's and Agency Administrators

In 2012, NAC289.235 was created to provide an alternate route to suspension or revocation of a basic certificate. Not only can an officer decide to surrender his basic for reasons of his/her own, an agency can provide this option when negotiating a termination agreement, as part of a plea agreement during a trial, or even as part of a settlement agreement.

The "Voluntary Surrender of Basic Certificate" is located on the POST website, under the Forms tab.

The POST Commission can suspend/revoke once an officer has been sentenced, but an agency, or the officer themselves, can utilize this option at any time.

Contact Chief Kathy Floyd for more information or if you have questions, (775) 687-3335.

This communication is intended for all of Nevada Law Enforcement. Please forward this document or make it available to anyone for which the material may be of interest. This document is also available from the Home page of <http://post.nv.gov>

NRS/NAC & POST Regulations

[NRS 289.550](#)

Certification from POST requirements.

www.leg.state.nv.us/NRS/NRS-289.html

[Reciprocity Eligibility Requirements](#)

[NRS 289.460 Category I](#)

[NRS 289.470 Category II](#)

Peace Officer Definitions by Category.

[www.http://post.nv.gov/Training/Reciprocity/](http://www.post.nv.gov/Training/Reciprocity/)

[NAC 289.110](#)

Minimum standards for appointment

www.leg.state.nv.us/NAC/NAC-289.html#NAC289Sec110

The Nutrition Facts Label – What’s in It for You?

By Training Officer Richard Moore

How many of us would like to see our health improve but find it hard to change those habits that prevent us from attaining our goals, such as what we choose to eat and drink? Most of us could do a better job with changing some habits and making better informed food choices - and one way to be better informed is to understand the nutrition information that is usually provided on most American packaged/prepared food items.

The Food and Drug Administration (FDA) is responsible for assuring that foods sold in the United States are safe, wholesome and properly labeled. One way they accomplish this mission is by providing (and in many cases requiring) a standard format for nutrition facts labeling. The FDA updated the label format relatively recently; some of the changes include updated serving sizes and updated Daily Values and nutrient listings. Here are some important points to understand about the information that will assist you in making healthy choices:

1. Serving size. This is based on the amount people typically eat and is NOT a recommendation of how much to eat - though this might give you a rough idea. Calorie needs might vary widely based on your gender, age, size, and activity level as well as any goals for weight change. An easy tool to estimate your recommended daily caloric intake can be found here: <https://www.choosemyplate.gov/>
2. The calories listed are for each serving prepared as directed and may NOT necessarily count calories from any additional ingredients such as milk, oil or butter.
3. As the footnote on the label explains, the % DV shows how much each nutrient contributes to an average 2000 calorie daily diet. Your calorie needs might vary.
4. The old label version usually included the % DV of vitamins A and C but new labels don't include these nutrients since A and C deficiency is now extremely rare in America. Instead, it includes other nutrients that sometimes require extra effort to include for healthy eating, such as calcium.

Much more information can be found at:

<https://www.fda.gov/food/nutrition-education-resources-materials/new-nutrition-facts-label>

An extra note this month: Did you know that there are resources available designed to assist those preparing for the POST Physical Fitness Test (PPFT) and the basic training academy? Visit the POST website at the following link: http://post.nv.gov/Training/POST_Academy/Physical_Fitness/



Nutrition Facts	
8 servings per container	
Serving size	2/3 cup (55g)
Amount per serving	
Calories	230
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 37g	13%
Dietary Fiber 4g	14%
Total Sugars 12g	
Includes 10g Added Sugars	20%
Protein 3g	
Vitamin D 2mcg	10%
Calcium 280mg	20%
Iron 8mg	45%
Potassium 235mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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Reserve Program

The Reserve program has been updated! For enrollment packets, please see the Forms Tab on the POST web-site.

If you have any questions or need assistance with this program, please call or email Amanda at (775) 687-3310 or asocha@post.state.nv.us

Reciprocity Reminder

As a reminder per the Commission meeting in September of 2018 all POST Physical Fitness Tests for Reciprocity will be administered by a POST staff member. For all Southern Nevada tests please contact Warren Turner at 775-687-3348 or wturner@post.state.nv.us For all Northern Nevada tests please contact Randy Misch at 775-687-3350 or rmisch@post.state.nv.us

POST Professional Certificates Awarded

POST is proud to list the following officers that have been awarded Professional Certificates during the month of August

Boulder City PD

Liedkie, Guy E.; Advanced

Churchill Co SO

Keller, Todd F.

Humboldt Co SO

Avila, Rodolfo; Advanced

LV Metro Detention Center

Arb, Bradley P.; Advanced

Clark, Joshua P. ; Advanced

Faller, Danielle L.; Advanced

Gibson, Romaine M.; Advanced

Leija, Isabel M.; Advanced

McCray, Darren A.; Intermediate & Advanced

Sokolov, Guerman; Intermediate & Advanced

Tinder, Allen C.; Advanced

Ware, Funtaine B.; Advanced

LV Metro PD

Carral, Michael S.; Intermediate & Advanced

D'Angelo, Vincent J.; Intermediate & Advanced

Doty, Luke; Advanced

Ellis, James E.; Advanced

Flynn, Patrick M.; Intermediate, Advanced & Supervisor

Izzo, Shawn; Advanced

Jenkins, John R.; Intermediate & Advanced

Pandullo, Tullio A.; Supervisor

Sanchez, Noel; Intermediate & Advanced

Smith, Jonathan B.; Intermediate & Advanced

Tarr, Robert E.; Intermediate

Wert, Jessica L.; Supervisor

Lyon Co SO

Tustin, Steve B.; Intermediate

NV Dept of Corrections

Titus, Christopher L.; Intermediate

NV Dept. of Public Safety

Campbell, Kelly A.; Supervisor

Clowser Jr, Eric S.; Advanced

Fisher, Jacob S.; Intermediate

Free, Steven L.; Intermediate

Hill, Elizabeth C.; Intermediate

Knaak, Alexander W.; Intermediate & Advanced

Nivarel, Robert L.; Advanced

Popescu, Mihael L.; Intermediate

Seevers, Kyle J.; Intermediate

Teixeira Jr, Joseph A.; Advanced

NV Dept of Wildlife

Ackerman, Deanna M.; Advanced

Humphries, Casey B.; Advanced

NV Gaming Control Board

Freed, Kimberlee A.; Advanced

Pasciak, Phillip A.; Advanced

North LV PD

Hayes, Sharnae M.; Advanced

Hickman, Jake D.; Supervisor

Krieger, Brian E.; Advanced

Larotonda, Aaron J.; Intermediate & Advanced

Slocum, Aniya O.; Advanced

Nardi-Davis, Daniel J.; Advanced

Nye Co SO

Eisenloffel, Michael; Advanced

Reno PD

Knox, Daniel A.; Intermediate & Advanced

Sparks PD

Arulanantham, Rachel N.; Intermediate

Dejesus, Eric A.; Intermediate & Advanced

Slider, Nicholas B.; Advanced

Washoe Co SO

Albright, Courtney S.; Intermediate

Aninao, Asa Joseph; Advanced

Bunch, Kristen N.; Intermediate

Koski, Gordon H.; Advanced

Pacheco, Arnulfo; Advanced